**Athletic Training Student Aid Contract**

**Commitment**

The sports medicine program respects that you are a high school student and does not aim to consume all of your free time. However, assisting in the health and well being of The Habersham Central athletic population is a huge responsibility. If you truly have made a commitment to this program, to the athletes, and to yourself you will remember to give your obligation the respect it deserves. If a lack of commitment is evident and such behavior persists then you will be dismissed from the team.

**Scheduling**

Students are expected to be at all practices and games unless otherwise discussed with the athletic trainer (ATC). Some games will not require all students to travel and students will instead follow a rotating schedule. Student aids (SA) may also be asked to report to some events as extensions of the sports medicine team (meetings, dinners, banquets, etc.) and are expected to do everything in their power to be in attendance at these functions.

**Holidays**

Athletics in general do not take school holidays off. While we don’t expect SA’s to give up all of their breaks, a certain level of commitment is associated with this position. All SA’s need to notify the ATC as soon as possible regarding time off over holidays. This will allow the schedule to reflect your trip. If you fail to provide proper notification, it will be your responsibility to find someone to replace your shift in the event you miss a scheduled practice or game.

**Conduct**

You have the responsibility to yourself, your family, your athletic department, and to Habersham Central High School to conduct yourself in a professional manner. ***Anyone who acts in a manner that is unbecoming of an athletic training student may be dismissed from the program.***

**Relationship of Student Aids to:**

***Staff Athletic Trainers*** –ATC’s are charged with the health care of the studentathlete. Thus the Staff Athletic Trainer is ultimately responsible for your actions. The Staff Athletic Trainer is reasonable and willing to discuss questions or problems. However, discussions should be held at the appropriate time and place. Due to the nature of our business there are times when questions should be held for later, just follow instructions for the time being. Athletics is an emotional business; do not let yourself get caught up in the excitement.

***Athletic Training Students*** -These students know the ropes and will be of assistance to the student aids. Check with them or a Staff Athletic Trainer when you are not sure about something that you have been asked to do.

***Fellow Student Aids*** - Remember you are a family! Please remember to treat one another with the highest respect. Always keep in mind that other people are watching you. If problems arise, please notify a staff athletic trainer immediately. If problems continue within the group, dismissals from the program will be made at the discretion of the staff and administration.

***Team Physician*** - This Training Room would not exist without our team physician. We must treat him/her with the respect that he/she has earned. As a student you will have the opportunity

to get to know and work with the team physician. You can also learn by watching and listening to discussions. If you are called on to report to the doctors or assist them, be sure to give them detailed information when reporting and follow their instructions specifically and efficiently.

***Coaches*** - Learn to get along with the coaches and make it a habit of learning their names this information could be valuable in a time of need. However, as a student aid you should never discuss any injuries with a coach. ALL INJURY INFORMATION SHOULD COME FROM A STAFF ATHLETIC TRAINER. If the ATC is tending to a situation, you can fill the coach in on basic information. Coaches are human and can become frustrated by factors beyond anyone’s control. Do not take it personally if a coach raises his/her voice towards you. Keep your head and do your job.

***General Public, Media, and Student Body*** - You may be confronted as to the health of an athlete by almost anyone. This information is CONFIDENTIAL to everyone outside of the doctors,

athletic trainers, and coaches. This information should not be discussed outside of the Training Room. This includes classmates, friends, and family. In such situations, it is the

only appropriate time to act ignorant (I DON’T KNOW, I’M ONLY A STUDENT).

***Athletes*** - The athletes are your peers. Thus it is sometimes difficult to maintain a professional relationship. THERE WILL BE NO FRATERNIZING WITH THE STUDENT ATHLETES DURING TREATMENTS, PRACTICES, OR GAMES. Do not discuss an injury with an athlete in specific or speculative terms. If you ever have a problem with a particular athlete; bring it to the attention of a Staff Athletic Trainer as soon as possible. Remember, to treat these athletes as you would like to be treated yourself.

**Academic Responsibilities**

Academics are the primary focus of the sports medicine program and should be given priority over your duties as an athletic training student aid. It is your responsibility to inform the Staff Athletic Trainers if you need to alter your schedule to concentrate on academics. However this needs to be the exception rather than the norm. Each student should turn in a photocopy of their class schedule within the first week of each semester. If a student’s grade drops below a 70% in any class they will be asked to bring their grade up before returning to their duties as a student aid. If this happens a second time the student will be dismissed from the team until he/she has brought their grade back up to an acceptable level.

**Evaluation**

At the conclusion of each season, an evaluation will be done with each student aid. This will consist of each student reviewing themselves followed by a review by the Staff Athletic Trainer. These evaluations will be discussed with each student on an individual basis. This process will allow the student and staff to monitor progress and make any changes that may be needed. Evaluations will be the main contributor to lettering status.

**Lettering**

Student aids may earn letter awards. You may earn a letter by working summer camp, through the varsity season. You must work all assigned games and 95% of practices. A positive evaluation for the season is also necessary to attain your letter. If you join the team after the season has started, you cannot letter until the end of the following season. Summer camp

attendance is necessary in order to letter. The head athletic trainer has the final say on all letter awards and can allow, or disallow, the award due to extenuating circumstances

**Dress Code**

As a member of the Raider Sports Medicine Team you are expected to stay within the HCHS dress code and maintain a professional appearance at all times. This must be achieved to uphold the high standards of the athletic department. Final decision on any dress code issue is to be at the discretion of the ATC. It is a wise idea to keep an extra set of clothes with you or in your cubbies at all times in case of inclement weather.

For Varsity games, you are required to wear khaki shorts/pants, tennis shoes, and the polo given to you by the athletic training staff. During the colder games khaki pants are preferred. Tennis shoes must be worn to every game and practice, no exceptions. Shoes must be kept on at practice at all times. There will be special occasions when the dress code is changed for certain games; this will be decided by the ATC in advanced.

* Excessive jewelry is prohibited (stud earrings are allowed)
* Hats, visors, and headbands (in all colors other than white) are allowed for practices but must have a Habersham Central or Raiders logo on them. No fish hooks will be allowed on hats.

Printed Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade:\_\_\_\_\_\_\_\_\_ Year:\_\_\_\_\_\_\_\_\_\_

Student aids work as an extension of the Staff Athletic Trainer. Many of the responsibilities students perform are cleaning and general athletic training activities. Some duties may not be fun but are essential to a seamlessly functioning athletic training facility. These duties include, but are not limited to, the following:

***General Responsibilities***

* Assisting the ATC with treatment of athletic injuries
* Assisting the ATC with rehabilitation of athletic injuries
* Taping athletes as directed by the ATC
* Administering first aid as directed by the ATC
* Reporting all injuries to the ATC and completing injury reports for each incident reported
* Learning by observing, listening, participating, and asking questions
* Assist in record keeping as directed by an ATC including filling of daily treatment log, answering the phone and taking messages, filing, injury reports, etc.
* Learning the location and purpose of all equipment in the training room
* Assisting with current stocking/inventory of all types of equipment and supplies
* Preparing equipment and supplies for all practices, games, meets and contests as directed by the ATC
* Proper cleaning and storage of all types of equipment and supplies used during practices and/or games
* Maintaining storage areas in a neat and organized fashion
* Keeping the training room clean and sanitary at all times, The Athletic Training Room is a medical facility and should be treated as such at all times
* Performing other duties as assigned by the ATC with efficiency and diligence.

***Hours***

* Student aids are required to work on an as assigned basis, as long as it does not interfere with their schoolwork
* The ATC needs to be notified ASAP if you are absent from school and unable to fulfill your work obligation on a particular day

***Dress code***

* All student aids should be dressed professionally and conservatively at all times, The purpose of this policy is to bring no attention to any one individual on our team

***Discipline***

* In the event that a discipline problem does arise, the situation will be handled according to guidelines and possibly referred to their athletic director if the situation requires.

I have read, discussed with my parents, and understand the academic, time and conduct requirements that are necessary to be a student athletic trainer at Habersham Central High School. I fully accept responsibility for my conduct and my academics. I also agree to abide under the standards set for me as a student athletic trainer in this program.

Student Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I have read, discussed with my son/daughter, and understand the academic, time, and conduct requirements that are necessary for my son/daughter to be a student athletic trainer at Habersham Central High School. I fully support my child in this endeavor. I understand that my child’s participation in this program is a privilege, to be earned and maintained as such.

Parent Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_